



# What's Happening in January

## #GOALS

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 2019 Happy New Year! CLOSED	2	3	4 MOVIE NIGHT (D) "SMALLFOOT"	5
6	7 KITCHEN CHAT (D)	8 BLOOD PRESSURE SCREENING (D) CANFIELD PLACE *MUNCH & LEARN (D) DYING IS NOT AN OPTION PREPARING FOR IT IS *LUNCH & LEARN (D) DOWNSIZING SERIES FINANCIAL CONCERNS	9 *HOW TO GET SKINNY IN 2019 (D) DR. TED HILL	10 *LIFE LINE SCREENING (D)	11	12 *COCOA & CANVAS (D)
13	14	15 *LUNCH & LEARN (D) DOWNSIZING SERIES LEGAL CONCERNS MERCY HEALTH HEARING SCREENINGS (D) CLEAR CAPTIONS (D) MEDICAL MUTUAL (D)	16 MUNCH & LEARN PINNACLE HEALTH CONCEPTS (C) *MUNCH N LEARN LYMPHEDEMA 101(D) *MUNCH & LEARN SEEKING LIFE'S PURPOSE (D)	17 *MUNCH & LEARN (D) DYING IS NOT AN OPTION PREPARING FOR IT IS *LUNCH & LEARN (D) BRAIN GAMES	18	19 *PARENT'S NIGHT OUT (D)
20	21 MARTIN LUTHER KING DAY *OFF SCHOOL DAY CAMP (D)	22 *LUNCH & LEARN (D) DOWNSIZING SERIES HOW TO SELL YOUR HOUSE	23 RYAN STAFFING JOB FAIR (D)	24 *MUFFINS & MOTIVATION (D) TIPS AND TRICKS TO BEAT THE WINTER BLUES	25	26 *30-30-30 (C)
27	28 MEDICARE 101 (D)	29 *LUNCH & LEARN (D) DOWNSIZING SERIES HOW TO HANDLE POSSESSIONS AND OPTIONS FOR RELOCATION	30	31 *LUNCH & LEARN (D) OZONE THERAPY AND REGENERATIVE MEDICINE		

\*Registration Required. For more information about any of the events listed above, please pick up a flyer in the Lobby.

C=Central D=Davis



Invite your friends and family to join, \$0 joining fee all month!!!

# JANUARY UPCOMING EVENTS

DATE	DAY	TIME	EVENT	RR	Y LOCATION
4	Fri	7:00-9:30 p.m.	Movie Night "Smallfoot"		Davis-MPR
7	Mon	10:00-11:00 a.m.	Kitchen Chat—Fr. Brienz from St. Augustine Cafe		Davis-CR
8	Tue	10:00 a.m.-12:00 p.m.	Blood Pressure Screening—Canfield Place		Davis-L
8	Tue	11:30 a.m.-12:30 p.m.	Munch & Learn—Sister Pat Fesler and Hillary Madeline- Dying is not an option. Preparing for it is.	RR	Davis-CR
8	Tue	12:30-1:30 p.m.	Lunch-N-Learn—Downsizing Series: Ron & Renee Hefner Discusses Financial Concerns	RR	Davis-MPR
9	Wed	5:00-6:00 p.m.	How To Get Skinny In 2019: Dr. Ted Hill	RR	Davis-CR
10	Thu	9:00 a.m.-5:00 p.m.	Life Line Screening	RR	Davis-MPR
12	Sat	5:00-7:00 p.m.	Cocoa & Canvas	RR	Davis-CR
15	Tue	12:30-1:30 p.m.	Lunch-N-Learn—Downsizing Series: Megan Diloreto Discusses Legal Concerns	RR	Davis-MPR
15	Tue	1:00-4:00 p.m.	Medical Mutual—Roydean Avery: Medicare Gap		Davis-L
15	Tue	1:00-4:00 p.m.	Mercy Health Hearing Screenings (FREE Register by calling 330-729-1473)	RR	Davis-CF
15	Tue	1:00-4:00 p.m.	ClearCaptions—Amy Hudak		Davis-L
16	Wed	10:00-11:00 a.m.	Munch & Learn—Jeannie McConnell-Copploe, Pinnacle Health Concepts		Central-YL
16	Wed	11:30 a.m.-12:30 p.m.	Munch & Learn—Mercy Health: Danielle Meyer- Lymphedema 101	RR	Davis-CR
16	Wed	2:00-3:00 p.m.	Munch-N-Learn—Life Coaching: Farooq Qadir- Seeking One's Purpose	RR	Davis-TR
17	Thu	2:00-3:00 p.m.	Munch & Learn—Sister Pat Fesler and Hillary Madeline- Dying is not an option. Preparing for it is.	RR	Davis-CR
17	Thu	12:30-1:30 p.m.	Lunch-N-Learn—Home Instead Senior Care-Brain Games	RR	Davis-MPR
19	Sat	4:00 p.m.-8:00 p.m.	Parent's Night Out—Snowfall Fun	RR	Davis-PR
21	Mon	9:00 a.m.-4:00 p.m.	School Off Day Camp	RR	Davis-RC
22	Tue	12:30-1:30 p.m.	Lunch-N-Learn—Downsizing Series: Berkshire Hathaway Realty Discusses Selling Your Home	RR	Davis-MPR
23	Wed	1:00-5:00 p.m.	Ryan Staffing Job Fair		Davis-L
24	Thu	1:00-2:00 p.m.	Muffins & Motivation—Mental Health Consultants: Tips and Tricks to Beat the Winter Blues	RR	Davis-TR
26	Sat	9:00-10:30 a.m.	30-30-30 Class—Spin, TRX, and TBA	RR	Central-GE
28	Mon	11:00 a.m.-1:00 p.m.	Medicare 101—James Pondillo		Davis-CR
29	Tue	12:30-1:30 p.m.	Lunch-N-Learn—Downsizing Series: Earley & Sons/ Shepherd of the Valley Discuss How to Handle Posses- sions and Relocation	RR	Davis-MPR
31	Thu	1:00-2:00 p.m.	Lunch-N-Learn—Pinnacle Health: Dr. Gudaitis- Ozone Therapy and Regenerative Medicine	RR	Davis-CR

RR = Registration Required • MPR=Multi-Purpose Room • CR=Community Room • PR= Preschool Room • RC=Rec Center • CF=Conference Room • TR=Training Room • AR=Art Studio • SR=Spinning Room • L=Lobby • LG=Lower Gym • YL=Youth Lobby • GE=Group Exercise Room