

# DAVIS THERAPY POOL WINTER 2019

January 5 - March 31

	MON	TUE	WED	THU	FRI	SAT	SUN					
5:00	OPEN 5:00-8:30	OPEN 5:00-8:30	OPEN 5:00-8:30	OPEN 5:00-8:30	OPEN 5:00-8:30	OPEN 7:00-9:00						
5:30												
6:00												
6:30												
7:00												
7:30												
8:00												
8:30	<b>Closed for St. Elizabeth's 8:30-11:30 am</b>					SWIM LESSONS 9:00-12:00 <hr/> Deep Section Available						
9:00												
9:30												
10:00												
10:30												
11:00	<b>Closed for St. Elizabeth's 1:00-5:00 pm</b>					OPEN 12:00-6:00						
11:30								*ARTHRTIS 11:30-12:15	*ARTHRTIS 11:30-12:15	*ARTHRTIS 11:30-12:15	*ARTHRTIS 11:30-12:15	*ARTHRTIS 11:30-12:15
NOON							OPEN 12:15-1:00	OPEN 12:15-1:00	OPEN 12:15-1:00	OPEN 12:15-1:00	OPEN 12:15-1:00	
12:30 pm							<b>Closed for St. Elizabeth's 1:00-5:00 pm</b>					OPEN 1:00-6:00
1:00												
1:30												
2:00												
2:30												
3:00	<b>Closed for St. Elizabeth's 1:00-5:00 pm</b>					OPEN 1:00-6:00						
3:30												
4:00												
4:30												
5:00												
5:30	*ARTHRTIS 5:00-5:45	OPEN 5:00-6:00	*ARTHRTIS 5:00-5:45	OPEN 5:00-6:00	*ARTHRTIS 5:00-5:45							
6:00	SWIM LESSONS 5:50-7:10 <hr/> Deep Section Available	SWIM LESSONS 6:00-6:30	OPEN 5:45-9:00	OPEN 6:00-9:00	OPEN 5:45-8:30							
6:30	OPEN 7:10-9:00	OPEN 6:30-9:00										
7:00												
7:30												
8:00												
8:30												
9:00												

Adults 18 and older only. Pool is not available for use during St. Elizabeth's scheduled time or Arthritis Classes.  
\*Arthritis Class requires registration. See backside for session information.

## 2019 SESSION INFORMATION

SESSION	SESSION DATES	Y MEMBER REGISTRATION BEGINS	NON-Y MEMBER REGISTRATION BEGINS
WINTER SESSION 1	January 7 - February 17	November 19	November 26
WINTER SESSION 2	February 18 - March 31	February 4	February 11
SPRING SESSION	April 8 - May 26	March 18	March 25

NAME OF CLASS	AGE	DAY	TIME	ROOM	WINTER 1 Members/ Others	WINTER 2 Members/ Others	SPRING Members/ Others
Arthritis Water Exercise	14+	Mon/Wed/Fri	11:30-12:15 pm	Therapy Pool	\$22/\$66	\$22/\$66	\$22/\$66
Arthritis Water Exercise	14+	Mon/Wed/Fri	5:00-5:45 pm	Therapy Pool	\$22/\$66	\$22/\$66	\$22/\$66
Arthritis Water Exercise Plus	14+	Mon/Wed/Fri	9:50-10:35 am	Lap Pool	\$22/\$66	\$22/\$66	\$22/\$66
Arthritis Water Exercise	14+	Tue/Thu	11:30-12:15 pm	Therapy Pool	\$17/\$51	\$17/\$51	\$17/\$51

YMCA members receive priority registration.

Registration may be completed at the Davis Y Service Desk or online at [YoungstownYMCA.org](http://YoungstownYMCA.org)

Late fee applied if registering first week of session.