

HIGH PERFORMANCE STUDIO #2

ATHLETIC JUMP STRETCH IS PAID AND REGISTRATION IS REQUIRED.

SEE BELOW FOR MORE REGISTRATION INFORMATION

CLASSES IN GREEN ARE PAID.

CLASSES ARE FIRST COME FIRST SERVE. MAX OF 30 PER CLASS.

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
9:30-10:30AM	BASIC JUMP STRETCH CARL		BASIC JUMP STRETCH CARL		BASIC JUMP STRETCH CARL	
10:00-11:00AM						12 ROUNDS CLEMATE
11:15-12:00PM						12 ROUNDS KIDS CLEMATE
12:30-1:30 PM						JUMP STRETCH ORIENTATION
3:45-4:45PM	ATHLETIC JUMP STRETCH CARL	ATHLETIC JUMP STRETCH CARL	ATHLETIC JUMP STRETCH CARL	ATHLETIC JUMP STRETCH CARL		
5:15-6:15PM		ATHLETIC JUMP STRETCH CARL		ATHLETIC JUMP STRETCH CARL		
5:30-6:30PM	12 ROUNDS CLEMATE		12 ROUNDS CLEMATE		12 ROUNDS CLEMATE	
6:30-7:30PM		BASIC JUMP STRETCH CARL		KIDS UNLIMITED FITNESS CARL & CLEMATE		

REGISTRATION FOR 12 ROUNDS KIDS AND KIDS UNLIMITED FITNESS

FEES: MEMBERS, PLEASE REGISTER AT THE FRONT DESK EVEN THOUGH THE CLASS IS FREE.

FEES: NON-MEMBERS: \$55/MONTH FOR BOTH OR EACH (NO DISCOUNT FOR 1 VS THE 2) 12 ROUNDS KIDS NON-MEMBERS AND KIDS UNLIMITED FITNESS

MONTHLY REGISTRATION CLASS REGISTRATION INFORMATION

REGISTRATION FOR ATHLETIC JUMP STRETCH: RUNS ON THE MONTH; NO PRORATING

REGISTRATION IS ROLLING, BUT CLASSES RUN THE 1ST OF THE MONTH TO THE END OF THE MONTH

FEES: \$10 FOR MEMBERS; \$55 FOR NON-MEMBERS (NO PRORATING) – 2 CLASSES A WEEK

REGISTERING FOR BASIC AND ATTENDING ATHLETIC ISN'T PERMITTED.

REGISTRATION FOR BASIC JUMP STRETCH:

MEMBERS ONLY-FREE WITH MEMBERSHIP

REGISTRATION FOR EXTREME KIDS

SESSION INFORMATION: 12 CLASSES PER SESSION

SESSION DATE: TBA – CHECK WEBSITE FOR CLASSES

MEMBERS: \$20 NON-MEMBERS: \$50