

# DAVIS LAP POOL SUMMER

JUNE 9-AUGUST 25, 2018

	MON	TUE	WED	THU	FRI	SAT	SUN		
5:00	OPEN/LAP SWIM	OPEN/LAP SWIM 5:00-9:00	OPEN/LAP SWIM	OPEN/LAP SWIM 5:00-9:00	OPEN/LAP SWIM 5:00-9:00				
5:30	5:00-6:00		5:00-6:00						
6:00	H2O INTERVAL		H2O INTERVAL						
6:30	6:00-6:45		6:00-6:45						
7:00	OPEN/LAP SWIM 6:45-9:00	CLOSED FOR SWIM LESSONS 9:00-10:30	OPEN/LAP SWIM	CLOSED FOR SWIM LESSONS 9:00-10:30	WATER FITNESS CHALLENGE 9:00-9:45			OPEN/LAP SWIM 7:00-9:00	
7:30			6:45-9:00						
8:00			6:45-9:00					6:45-9:00	
8:30	WATER FITNESS CHALLENGE 9:00-9:45	CLOSED FOR SWIM LESSONS 9:00-10:30	WATER FITNESS CHALLENGE	CLOSED FOR SWIM LESSONS 9:00-10:30	WATER FITNESS CHALLENGE 9:00-9:45			WATER FITNESS 9:00-9:45	
9:00			9:00-9:45			9:00-9:45			
9:30	MS/ARTHRITIS PLUS	AOA WATER FITNESS 10:40-11:25	MS/ARTHRITIS PLUS	AOA WATER FITNESS 10:40-11:25	MS/ARTHRITIS PLUS 9:50-10:35	CLOSED FOR SWIM LESSONS 9:50-11:30			
10:00	9:50-10:35		9:50-10:35					9:50-10:35	
10:30	WATER FITNESS	OPEN/LAP SWIM 11:30-1:00	WATER FITNESS	OPEN/LAP SWIM 11:30-1:00	WATER FITNESS 10:40-11:25				
11:00	10:40-11:25		10:40-11:25					10:40-11:25	
11:30	OPEN/LAP SWIM	SILVER SNEAKERS SPLASH 1:00-1:45	OPEN/LAP SWIM	OPEN/LAP SWIM 11:30-1:00	OPEN/LAP SWIM 11:30-1:00				
12:00	11:30-1:00		11:30-1:00					11:30-1:00	
12:30	11:30-1:00		11:30-1:00					11:30-1:00	
1:00	CLOSED FOR SWIM LESSONS	CLOSED FOR SWIM LESSONS 1:45-2:45	CLOSED FOR SWIM LESSONS	SILVER SNEAKERS SPLASH 1:00-1:45	OPEN SWIM 1:00-2:00	OPEN SWIM 11:30-6:00	OPEN/LAP SWIM 12:30-2:00		
1:30	1:00-2:00		1:00-2:00					1:00-2:00	
2:00	ACTIVE OLDER ADULTS WATER FITNESS	OPEN SWIM 2:45-5:00	ACTIVE OLDER ADULTS WATER FITNESS	CLOSED FOR SWIM LESSONS 1:45-2:45	ACTIVE OLDER ADULTS WATER FITNESS 2:00-2:45				
2:30	2:00-2:45		2:00-2:45					2:00-2:45	
3:00	OPEN SWIM 2:45-5:00	LAP SWIM 5:00-6:00	OPEN SWIM	LAP SWIM 5:00-6:00	OPEN SWIM 2:45-5:00				
3:30			2:45-5:00					2:45-5:00	2:45-5:00
4:00			2:45-5:00					2:45-5:00	2:45-5:00
4:30	LAP SWIM 5:00-6:00	CLOSED FOR SWIM LESSONS 6:00-7:30	LAP SWIM	CLOSED FOR SWIM LESSONS 6:00-7:30	LAP SWIM 5:00-6:00				
5:00			5:00-6:00					5:00-6:00	5:00-6:00
5:30	5:00-6:00	5:00-6:00	5:00-6:00	5:00-6:00	5:00-6:00	OPEN/LAP SWIM 6:00-8:00			
6:00	OPEN SWIM 6:00-6:30	6:00-6:30	6:00-6:30	6:00-6:30	6:00-6:30				
6:30	AQUA BOOT CAMP	OPEN/LAP SWIM 7:30-9:30	AQUA ZUMBA	OPEN/LAP SWIM 7:30-9:30	OPEN SWIM 6:00-8:00	OPEN/LAP SWIM 6:00-8:00	OPEN/LAP SWIM 6:00-8:00		
7:00	6:30-7:15		6:00-7:30					6:30-7:15	6:00-7:30
7:30	OPEN SWIM 7:15-8:00		OPEN SWIM 7:15-8:00		OPEN/LAP SWIM 8:00-9:30				
8:00	7:15-8:00		7:15-8:00					7:15-8:00	
8:30	7:15-8:00		7:15-8:00					7:15-8:00	
8:00	OPEN/LAP SWIM	OPEN/LAP SWIM 8:00-9:30	OPEN/LAP SWIM	OPEN/LAP SWIM 8:00-9:30	OPEN/LAP SWIM 8:00-9:30				
8:30	8:00-9:30		8:00-9:30					8:00-9:30	
9:00	8:00-9:30	8:00-9:30	8:00-9:30	8:00-9:30	8:00-9:30				

Pool is closed during swimming lessons. During other scheduled programs, the class has priority of pool usage. One lap lane is always designated for lap swimming. During open/lap swim, 3 lanes are designated for lap swimming. Wristbands required for children 12 & under.

Please be advised: children under the age of 18 must exit the pool for 15 minutes before every hour.