

CENTRAL SHALLOW & DEEP POOLS

Time	Monday		Tuesday		Wednesday		Thursday		Friday		Saturday		Sunday		Time
	SP	DP	SP	DP	SP	DP	SP	DP	SP	DP	SP	DP	SP	DP	
5:15-5:30															5:15-5:30
5:30-6:00															5:30-6:00
6:00-6:30		LAP SWIM ONLY		LAP SWIM ONLY		LAP SWIM ONLY		LAP SWIM ONLY		LAP SWIM ONLY					6:00-6:30
6:30-7:00	AQUA ROBICS				AQUA ROBICS				AQUA ROBICS						6:30-7:00
7:00-7:30															7:00-7:30
7:30-8:00	OPEN SWIM	H2O RUN/ OPEN SWIM			OPEN SWIM	H2O RUN/ OPEN SWIM			OPEN SWIM	H2O RUN/ OPEN SWIM					7:30-8:00
8:00-8:30															8:00-8:30
8:30-9:00	WATER FITNESS				AQUA ZUMBA				WATER FITNESS						8:30-9:00
9:00-9:30															9:00-9:30
9:30-10:00		OPEN SWIM		OPEN SWIM	ARTHRITIS/ MS CLASS	OPEN SWIM		OPEN SWIM		OPEN SWIM					9:30-10:00
10:00-10:30	RES. FOR GROUPS		RES. FOR GROUPS		RES. FOR GROUPS		RES. FOR GROUPS		RES. FOR GROUPS						10:00-10:30
10:30-11:00															10:30-11:00
11:00-11:30															11:00-11:30
11:30-12:00											SWIM LESSONS				11:30-12:00
12:00-12:30	WATER FITNESS	LAP SWIM ONLY	AQUA ROBICS	LAP SWIM ONLY	AQUA ROBICS	LAP SWIM ONLY	AQUA ROBICS	LAP SWIM ONLY	RES. FOR GROUPS	LAP SWIM ONLY		OPEN SWIM	OPEN SWIM		12:00-12:30
12:30-1:00															12:30-1:00
1:00-1:30															1:00-1:30
1:30-2:00	RES. FOR GROUPS		OPEN SWIM		RES. FOR GROUPS		OPEN SWIM		OPEN SWIM		POOL PARTIES		POOL PARTIES	OPEN SWIM	1:30-2:00
2:00-2:30															2:00-2:30
2:30-3:00		OPEN SWIM				OPEN SWIM				OPEN SWIM					2:30-3:00
3:00-3:30															3:00-3:30
3:30-4:00															3:30-4:00
4:00-4:30	OPEN SWIM		LAP SWIM ONLY	OPEN SWIM	OPEN SWIM		LAP SWIM ONLY	OPEN SWIM	OPEN SWIM						4:00-4:30
4:30-5:00															4:30-5:00
5:00-5:30		LAP SWIM		OPEN SWIM		SWIM CLUB / LAP SWIM		OPEN SWIM		LAP SWIM					5:00-5:30
5:30-6:00	AQUA ROBICS		SWIM LESSONS/ LAP SWIM		AQUA ROBICS		SWIM LESSONS/ LAP SWIM		AQUA ROBICS						5:30-6:00
6:00-6:30		SPRING SWIM LONG-COURSE		SPRING SWIM LONG-COURSE				SPRING SWIM LONG-COURSE		SPRING SWIM LONG-COURSE					6:00-6:30
6:30-7:00	OPEN SWIM		OPEN SWIM		OPEN SWIM	LAP SWIM ONLY	OPEN SWIM		OPEN SWIM						6:30-7:00
7:00-7:30															7:00-7:30
7:30-8:00															7:30-8:00
8:00-8:30															8:00-8:30

POOL SCHEDULE BEGINNING APRIL 2