

DAVIS THERAPY POOL WINTER/SPRING SESSIONS 2018

	MON	TUE	WED	THU	FRI	SAT	SUN
5:00							
5:30							
6:00							
6:30	OPEN 5:00-8:30	OPEN 5:00-8:30	OPEN 5:00-8:30	OPEN 5:00-8:30	OPEN 5:00-8:30		
7:00							
7:30						OPEN 7:00-9:00	
8:00							
8:30	Closed for St. Elizabeth's 8:30-11:30 a.m.						
9:00							
9:30							
10:00							
10:30							
11:00							
11:30	*ARTHRITIS 11:30-12:15	*ARTHRITIS 11:30-12:15	*ARTHRITIS 11:30-12:15	*ARTHRITIS 11:30-12:15	*ARTHRITIS 11:30-12:15		
NOON							
12:30 pm	OPEN 12:15-1:00	OPEN 12:15-1:00	OPEN 12:15-1:00	OPEN 12:15-1:00	OPEN 12:15-1:00		
1:00							
1:30	Closed for St. Elizabeth's 1:00-5:00 p.m.						
2:00							
2:30							
3:00							
3:30							
4:00							
4:30							
5:00	*ARTHRITIS 5:00-5:45	OPEN 5:00-6:00	*ARTHRITIS 5:00-5:45		*ARTHRITIS 5:00-5:45		
5:30							
6:00		SWIM LESSONS 6:00-6:30					
6:30	SWIM LESSONS 5:50-7:10						
7:00			OPEN 5:45-9:00	OPEN 5:00-9:00	OPEN 5:45-8:30		
7:30	OPEN 7:10-9:00	OPEN 6:30-9:00					
8:00							
8:30							
9:00							

Adults 18 and older only. Pool is not available for use during St. Elizabeth's scheduled time or Arthritis Classes.
*Arthritis Class requires registration. See backside for session information.

2018 SESSION INFORMATION

SESSION	SESSION DATES	Y MEMBER REGISTRATION BEGINS	NON-Y MEMBER REGISTRATION BEGINS
WINTER SESSION 1	January 8 - February 18	November 19, 2017	November 26, 2017
WINTER SESSION 2	February 19 - Mar 31	February 5	February 12
SPRING SESSION	April 9 - May 20	March 19	March 26
SUMMER SESSION 1	June 4 - July 15	May 7	May 14
SUMMER SESSION 2	July 16 - August 26	July 2	July 9
FALL SESSION 1	September 10 - October 21	August 13	August 20
FALL SESSION 2	October 22 - December 2	October 8	October 15
HOLIDAY SESSION	December 3 - December 30	October 8	October 15

YMCA members receive priority registration.

Registration may be completed at the Davis Y Service Desk or online at YoungstownYMCA.org

Late fee applied if registering first week of session.

WATER GROUP FITNESS SCHEDULE

NAME OF CLASS	AGE	DAY	TIME	ROOM	WINTER 1		WINTER 2	
					Members	Others	Members	Others
Arthritis Water Exercise	14+	Mon/Wed/Fri	11:30-12:15 pm	Therapy Pool	\$22	\$66	\$22	\$66
Arthritis Water Exercise	14+	Mon/Wed/Fri	5:00-5:45 pm	Therapy Pool	\$22	\$66	\$22	\$66
MS/Arthritis Water Exercise Plus	14+	Mon/Wed/Fri	9:50-10:35 am	Lap Pool	\$22	\$66	\$22	\$66
Arthritis Water Exercise	14+	Tue/Thu	11:30-12:15 pm	Therapy Pool	\$17	\$51	\$17	\$51