



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

PARTNERSHIP FOR A HEALTHIER WORKPLACE



Workplace Wellness YMCA of Youngstown

Employers that promote healthier living for both their at-risk and healthy staff can experience increased productivity, reduced absenteeism, fewer accidents, lower turnover and an increased ability to attract top talent. Medical costs can grow comparatively slower.

YMCA Workplace Wellness supports employers and employees through program options including biometric screenings, health risk assessments, education surrounding risk factors, engaging wellness challenges, physical fitness programming, and an onsite Diabetes Prevention program. Which is right for your organization?

From small companies to large corporations, the Y is your partner in health and wellness.

A. Workplace Wellness Partnership

- YMCA subsidy towards employee membership (see reverse side for schedule)
- Employer provides a minimum of five start-up memberships
- Employee trial opportunities
- Initial (21 day) and perpetual membership enrollment
- Full membership privileges at our two local YMCA facilities
- Partners are invited to participate in cause-related opportunities to sponsor special events and volunteerism

B. Workplace Wellness Partnership PLUS

- All Workplace Wellness Partnership benefits PLUS
- YMCA and employer match subsidy towards employee membership (see reverse side for Schedule)
- YMCA waives the joiner fee on all membership classifications
- Member employees receive the YMCA Rewards Program

C. Supplemental Y's Choice (separate or add on to A or B)

- Contracted pricing for a turnkey full service solution or supplement to existing wellness program; fully HIPAA compliant
- Biometric Screenings: Cholesterol, HDL, LDL, Triglycerides, Glucose, Blood Pressure, BMI, Weight and Waist
- Health Risk Assessments
- Wellness Portal with real-time aggregate reports
- Live OnDemand health and wellness presentations

CENTRAL YMCA
17 North Champion Street, Youngstown, OH 44503
(P) 330 744 8411

DAVIS FAMILY YMCA
45 McClurg Road, Boardman, OH 44512
(P) 330 480 5656

2017 WORKPLACE WELLNESS PARTNERSHIP RATES

MEMBERSHIP OPTIONS	ACCESS TO TWO FACILITIES		YMCA SUBSIDY	EMPLOYEE MONTHLY RATE*	SAVINGS IN FIRST 12 MONTHS
	JOINING FEE	+MONTHLY DUES			
Adult (age 21 and up)	\$ 70.00	+\$50.00	-\$5.00	\$45.00	\$50.00
Household (two adults and dependents living at the same address)	\$ 140.00	+\$85.00	-\$8.50	\$76.50	\$102.00
Single Parent Household (one unmarried adult and dependents living at the same address)	\$ 140.00	+73.00	-\$7.30	\$65.70	\$87.60
Young Adults (ages 18-20)	\$70.00	+\$29.50	-	\$29.50	-

All amounts may be subject to a rate increase and change in sales tax

*Plus sales tax

2017 CORPORATE PARTNERSHIP PLUS RATES

MEMBERSHIP OPTIONS	ACCESS TO TWO FACILITIES		COMPANY* CONTRIBUTION	YMCA MATCH	MONTHLY RATE*	SAVINGS IN FIRST 12 MONTHS
	JOINING FEE	+MONTHLY DUES				
Adult (age 21 and up)	\$ 70.00 \$0.00	+\$50.00	-\$5.00	-\$5.00	\$40.00	\$190.00
Household (two adults and dependents living at the same address)	\$ 140.00 \$0.00	+\$85.00	-\$8.50	-\$8.50	\$68.00	\$344.00
Single Parent Household (one unmarried adult and dependents living at the same address)	\$ 140.00 \$0.00	+73.00	-\$7.30	-\$7.30	\$58.40	\$315.20
Young Adults (ages 18-20)	\$70.00 \$0.00	+\$29.50	-	-	\$29.50	\$ 70.00

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*Plus sales tax

The YMCA is uniquely positioned to help businesses optimize a healthy workplace.

- Full membership privileges at the Central YMCA in Youngstown and the Davis Family YMCA in Boardman
- Member pricing for Camp Fitch YMCA
- Whole health (physical, spiritual, mental and emotional) seminars and clinics
- Professional YMCA staff supporting engagement and participation
- SMARTSTART® initial on-boarding program for new members that includes three visits with a wellness coach and one free personal training session upon completion
- Engaging wellness challenges
- Opportunities to participate in the YMCA Corporate Community Cup
- Family-oriented programming, including KidZone (babysitting while members work out), family movie night, Parents' Night Out, and more
- Complimentary guest passes to share with non-member co-workers, friends and extended family
- Ohio Membership Program
- National AWAY Program
- Chronic Disease prevention:
 - YMCA's Diabetes Prevention Program (fee)
 - LIVESTRONG® at the YMCA (cancer survivorship)
 - Enhance®Fitness (arthritis management)

For more information or to enroll, contact Kevin Ruse, Director of Healthcare & Business Development
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