

CENTRAL SHALLOW & DEEP POOLS

| Time | Monday | | Tuesday | | Wednesday | | Thursday | | Friday | | Saturday | | Time |
|-------------|------------------------|-------------------------|---------------------------|-----------------|------------------------|-------------------------|---------------|---------------|------------------------|-------------------------|-------------------------|-------------------------|-------------|
| | SP | DP | SP | DP | SP | DP | SP | DP | SP | DP | SP | DP | |
| 5:15-5:30 | LAP SWIM ONLY | LAP SWIM ONLY | LAP SWIM ONLY | LAP SWIM ONLY | LAP SWIM ONLY | LAP SWIM ONLY | LAP SWIM ONLY | LAP SWIM ONLY | LAP SWIM ONLY | LAP SWIM ONLY | LAP SWIM ONLY | LAP SWIM ONLY | 5:15-5:30 |
| 5:30-6:00 | | | | | | | | | | | | | 5:30-6:00 |
| 6:00-6:30 | | | | | | | | | | | | | 6:00-6:30 |
| 6:30-7:00 | AQUA ROBICS | H2O RUN/ OPEN SWIM | LAP SWIM ONLY | LAP SWIM ONLY | AQUA ROBICS | LAP SWIM ONLY | LAP SWIM ONLY | LAP SWIM ONLY | AQUA ROBICS | H2O RUN/ OPEN SWIM | LAP SWIM ONLY | LAP SWIM ONLY | 6:30-7:00 |
| 7:00-7:30 | 7:00-7:30 | | | | | | | | | | | | |
| 7:30-8:00 | 7:30-8:00 | | | | | | | | | | | | |
| 8:00-8:30 | OPEN SWIM | OPEN SWIM | OPEN SWIM | OPEN SWIM | OPEN SWIM | OPEN SWIM | OPEN SWIM | OPEN SWIM | OPEN SWIM | H2O RUN/ OPEN SWIM | LAP SWIM ONLY | LAP SWIM ONLY | 8:00-8:30 |
| 8:30-9:00 | 8:30-9:00 | | | | | | | | | | | | |
| 9:00-9:30 | 9:00-9:30 | | | | | | | | | | | | |
| 9:30-10:00 | RES. FOR GROUPS | OPEN SWIM | RES. FOR GROUPS | OPEN SWIM | ARTHRITIS/ MS CLASS | OPEN SWIM | OPEN SWIM | OPEN SWIM | RES. FOR GROUPS | OPEN SWIM | OPEN SWIM | OPEN SWIM | 9:30-10:00 |
| 10:00-10:30 | | | | | 10:00-10:30 | | | | | | | | |
| 10:30-11:00 | | | | | 10:30-11:00 | | | | | | | | |
| 11:00-11:30 | LAP SWIM ONLY | LAP SWIM ONLY | LAP SWIM ONLY | LAP SWIM ONLY | RES. FOR GROUPS | LAP SWIM ONLY | LAP SWIM ONLY | LAP SWIM ONLY | RES. FOR GROUPS | LAP SWIM ONLY | LAP SWIM ONLY | LAP SWIM ONLY | 11:00-11:30 |
| 11:30-12:00 | | | | | 11:30-12:00 | | | | | | | | |
| 12:00-12:30 | | | | | 12:00-12:30 | | | | | | | | |
| 12:30-1:00 | WATER FITNESS | LAP SWIM ONLY | AQUA ROBICS | LAP SWIM ONLY | AQUA ROBICS | LAP SWIM ONLY | AQUA ROBICS | LAP SWIM ONLY | RES. FOR GROUPS | LAP SWIM ONLY | RES. FOR GROUPS | LAP SWIM ONLY | 12:30-1:00 |
| 1:00-1:30 | 1:00-1:30 | | | | | | | | | | | | |
| 1:30-2:00 | 1:30-2:00 | | | | | | | | | | | | |
| 2:00-2:30 | RES. FOR GROUPS | OPEN SWIM | OPEN SWIM | RES. FOR GROUPS | RES. FOR GROUPS | OPEN SWIM | OPEN SWIM | OPEN SWIM | RES. FOR GROUPS | OPEN SWIM | OPEN SWIM | OPEN SWIM | 2:00-2:30 |
| 2:30-3:00 | | | | | | | | | | | | | 2:30-3:00 |
| 3:00-3:30 | | | | | | | | | | | | | 3:00-3:30 |
| 3:30-4:00 | OPEN SWIM | LAP SWIM ONLY | LAP SWIM ONLY | LAP SWIM ONLY | OPEN SWIM | LAP SWIM ONLY | LAP SWIM ONLY | LAP SWIM ONLY | OPEN SWIM | LAP SWIM ONLY | LAP SWIM ONLY | LAP SWIM ONLY | 3:30-4:00 |
| 4:00-4:30 | 4:00-4:30 | | | | | | | | | | | | |
| 4:30-5:00 | 4:30-5:00 | | | | | | | | | | | | |
| 5:00-5:30 | SWIM TEAM/ LAP SWIM | SWIM TEAM / LAP SWIM | SWIM LESSONS/ LAP SWIM | SWIM TEAM | SWIM TEAM/ LAP SWIM | SWIM TEAM / LAP SWIM | SWIM TEAM | SWIM TEAM | SWIM TEAM/ LAP SWIM | SWIM TEAM / LAP SWIM | SWIM TEAM / LAP SWIM | SWIM TEAM / LAP SWIM | 5:00-5:30 |
| 5:30-6:00 | 5:30-6:00 | | | | | | | | | | | | |
| 6:00-6:30 | 6:00-6:30 | | | | | | | | | | | | |
| 6:30-7:00 | SWIM TEAM/ LAP SWIM | LAP SWIM ONLY | LAP SWIM ONLY | LAP SWIM ONLY | OPEN SWIM | LAP SWIM ONLY | LAP SWIM ONLY | LAP SWIM ONLY | OPEN SWIM | LAP SWIM ONLY | LAP SWIM ONLY | LAP SWIM ONLY | 6:30-7:00 |
| 7:00-7:30 | 7:00-7:30 | | | | | | | | | | | | |
| 7:30-8:00 | 7:30-8:00 | | | | | | | | | | | | |
| 8:00-8:30 | OPEN SWIM | LAP SWIM ONLY | LAP SWIM ONLY | LAP SWIM ONLY | OPEN SWIM | LAP SWIM ONLY | LAP SWIM ONLY | LAP SWIM ONLY | OPEN SWIM | LAP SWIM ONLY | LAP SWIM ONLY | LAP SWIM ONLY | 8:00-8:30 |

POOL SCHEDULE BEGINNING SEPTEMBER 11