



# High Performance Studio #1

## TRX Schedule

**September 11 – October 22**

**Members: \$5 for 1 class per week for the 6 week session**

**Non-Members: \$27.50 for 1 class per week for the 6 week session**

	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>
<b>Morning</b>	<b>9:45-10:15 a.m. TRX Chris</b>		<b>9:45-10:15 a.m. TRX Chris</b>
<b>Evening</b>		<b>6:45-7:15 p.m. TRX Nicole</b>	<b>5:15-5:45 p.m. TRX Nicole</b>