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FOR HEALTHY LIVING  
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**ENSURE  
GOOD  
HEALTH**



Linda Ro, MS in Nutrition in Public Health, RDN, LD Community Dietitian, Ohio Department of Health

## **5-Week Cancer Nutrition Lecture Series** **Nutrition and the Cancer Demon**

**Thursdays, August 31st-September 28th**  
**11:30 a.m. to 12:30 p.m.**  
**Central Y-Group X Studio**

**CENTRAL YMCA 17 N Champion St, Youngstown, OH 44503**  
**(P) 330 744 8411 (W) [youngstownymca.org](http://youngstownymca.org)**

**FREE to Members/Non-Members \$15 for series**