



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

LET'S
ALL BE
INFORMED



Adult/Senior Munch & Learn

5 Sneaky Causes of Weight Gain
Hosted by Humana

Thursday, June 29th • 11:00 am – 12:30 pm
Training Rooms Upstairs • Light Snacks Provided
Registration Required (space is limited)
Free and open to community