



**FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY**

PREPARING FUTURE LEADERS



Jr. Lifeguard & Swim Instructor Program

This program is designed for enthusiastic individuals who want to have fun in the water and make a difference in their community. Participants will gain the knowledge and skills necessary to help prevent and recognize aquatic risks, as well as assist and alert a lifeguard in the emergency response to an accident or injury.

Candidates must be at least 12 years old, able to tread water for two minutes, and swim 100 yards continuously. This course includes CPR, First Aid, and Oxygen Administration. Upon successful completion, participants can apply to volunteer as a Jr. Lifeguard or Jr. Swim Instructor at the Y.

When: June 12 - July 14

Mon/Wed/Fri • 10:00 am-12:30 pm

FEE: \$75 Members/\$100 Non-members

Register in person or online at youngstownymca.org

DAVIS FAMILY YMCA • 45 McClurg Rd • Boardman, OH (330 480 5656)