



PROGRAM REGISTRATION

CENTRAL YMCA • Summer Session • Sessions 1 and 2

Summer 1 June 5–July 16
 Member Registration May 15 Other Registration May 22
 Summer 2 July 17–August 27
 Member Registration July 3 Other Registration July 10
 Register online at YoungstownYMCA.org or at the Front Desk

SUMMER SWIM LESSONS

Twice a week

Mini A June 12–June 30

Member Reg. May 15 Other Reg. May 22

Mini B July 3–July 23

Member Reg. June 26 Other Reg. June 28

***NO CLASS JULY 4 FEES FOR B: \$19/\$38**

Mini C July 24–August 13

Member Reg. July 17 Other Reg. July 19

NAME OF CLASS	AGE	DAY	TIMES	ROOM	MINI A B C
Swim Starters Parent/Child A. Water Discovery B. Water Exploration	6–36 mos.	Tuesday/ Thursday	11:30am–12:00pm	Shallow Pool	\$22/\$44
Swim Basics–Preschool 1. Water Acclimation 2. Water Movement/3. Water Stamina	3–5 years	Tuesday/ Thursday	10:00–10:30am or 5:30–6:00pm	Shallow Pool	\$22/\$44
Swim Basics–Youth 1. Water Acclimation 2. Water Movement 3. Water Stamina	6–12 years	Tuesday/ Thursday	10:45–11:30am or 6:15–7:00pm	Shallow Pool	\$22/\$44
Swim Strokes–Youth 4. Stroke Introduction 5. Stroke Development 6. Stroke Development Mechanics	6–12 years	Tuesday/ Thursday	10:45–11:30am or 6:15–7:00pm	Shallow Pool	\$22/\$44
Swim Basics Special Pops	3 +	Tuesday/ Thursday	11:30am–12:00pm or 5:00–5:30pm	Shallow Pool	\$22/\$44
Swim Basics Teen/Adult	13 +	Tuesday/ Thursday	5:00–5:30pm	Shallow Pool	\$22/\$44
Private Swim Lessons	6+	To be scheduled	To be scheduled		One lesson \$18/\$20 Three Lessons \$50/\$55 Six Lessons \$90/\$110
Pool Party	N/A	Saturdays	To be scheduled 1–Hour in the Pool 1–Hour in a room		\$75 Members \$100 Non Members Contact Janice Grasso 330-744-8411 jgrasso@youngstownymca.org

SPECIALTY PROGRAMS (Not on 6-week session schedule)

NAME OF CLASS	AGE	DAY	TIME	MEMBER RATE/NON-MEMBER RATE
Personal Training	14 +	To be scheduled	To be scheduled 1 person	Member /Non Member 1 hour Session \$35/\$55 4 Sessions \$133/\$209 8 Sessions \$252/\$396 12 Sessions \$357/\$561
Group Personal Training		To be scheduled	To be scheduled 2 people Price is per person	Member/Non Member 1 Session \$30/\$50 each 4 Sessions \$114/\$195 each 8 Sessions \$216/\$360 each 12 Sessions \$306/\$510 each
Tae Kwon Do	8 +	Mon/Wed	4:00-5:00pm Group Fitness Studio	\$30/\$45 Monthly
Spinning (monthly)	14 +	Varies	Varies	\$10 Members \$55 Non Members Each Month For both Central and Davis
Yoga		Mon	6:30-7:30 pm Group Fitness Studio NEW CLASSES STARTING JUNE!	Members \$0 Non Members \$55 One Class per week
Body Composition	16+		To be scheduled	\$10/\$35
Team Jump Stretch		By Appointment	High Performance Studio #2	FOR PRICING AND SCHEDULE Contact Carl LaRosa at 330-744-8411
Human Sport Orientation Classes		By Appointment	High Performance Studio #1	FREE to Members Only Required to use Human Sport during designated hours
TRX/Human Sport	14 +	See Schedule	High Performance Studio #1	\$10 for two classes per week per Session See Schedule

6 WEEK SESSION

12 Rounds	14 +		Tue/Thurs: 9:00-10am Tues: 10:30-11:30am Wed/Fri: 12:00-1:00pm Wednesday: 6:00-7:00pm Saturday: 10:00-11:00am High Performance Studio #2	\$5/\$27.50/day/session
12 Rounds for Kids	6-13	Wednesday Saturday	5:00-5:45 pm 11:15am-12:00pm High Performance Studio #2	FREE FOR THE SUMMER
Basic Jump Stretch	14 +	Tue/Thurs	6:45-7:45pm High Performance Studio #2	\$10/\$55 for 2 days per week
Athletic Jump Stretch	14 +	Mon/Wed Tue/Thurs	10:45-11:45am 5:30-6:30pm High Performance Studio #2	\$10/\$55 for 2 days per week Add a 3rd day \$5/\$27.50/session
Jump Stretch Orientation	14 +	Mon	5:00-6:00pm High Performance Studio #2	Free for members to attend one time

SPECIAL EVENTS

Tour De Spin	12 +	June 30-July 23		No Charge Must be a current Spinner Class times vary Registration Required
Youth Triathlon /Duathlon	2-8	July 16, 2017	Triathlon Swim/ Bike/ Run Ages 5-6 25 yds/0.5 miles/0.25 miles Ages 7-8 50 yds/1 mile/0.5 miles Duathlon Run/Bike/Run Ages 2-4 100 yds/0.25 miles/100 yds Ages 5-6 0.25 miles/0.5 miles/0.25 miles Ages 7-8 0.5miles/1 mile/0.5 miles	Central YMCA FEE \$15/\$25 Includes Shirt
12 Rounds Special Event		Saturday June 17th	10:00am to 12:00pm	YSU Stadium on the Field Registration ends at 9:00am June 17 at the Central YMCA. There will be no on site registration. Raise a minimum of \$50 to participate

YOUTH SPORTS PROGRAMS

Sign up for leagues and clinics at front desk. Registration forms are in lobby or online at youngstownymca.org.

GUARD AND POST POSITION BASKETBALL CAMP

AGE DIVISIONS	DATES	TIMES	REGISTRATION	Member Rate/Non-Member Rate	LOCATION
Boys and Girls 3rd-8th Grade All Skill Levels	Mon, June 19- Thurs, June 22	9:00am to 12:30pm	Saturday, June 17, 2017 \$10 late fee applied after registration deadline	\$65/\$75	Central YMCA Community Gym

SHOOTERS TOUCH BASKETBALL CAMP

AGE DIVISIONS	DATES	TIMES	REGISTRATION	Member Rate/Non-Member Rate	LOCATION
Boys and Girls 3rd-8th Grade All Skills Levels	Mon, June 19- Thurs, June 22	1:00pm-4:30pm	Saturday, June 17, 2017 \$10 late fee applied after registration deadline	\$65/\$75	Central YMCA Community Gym

BOYS & GIRLS COED FUNDAMENTAL SKILLS BASKETBALL CAMP

AGE DIVISIONS	DATES	TIMES	REGISTRATION	Member Rate/Non-Member Rate	LOCATION
Boys & Girls 5-12 years Beginner-Intermediate	Mon, July 10- Fri, July 14	Half Day: 9:00am -12:00pm Full Day: 9:00am -4:30pm	Saturday, July 8, 2017 \$10 late fee applied after registration deadline	Half Day \$60/\$85 Full Day \$100/\$110	Central YMCA Community Gym and Upper Gym

ADVANCED SKILLS INTENSITY BAKETBALL CAMP

AGE DIVISIONS	DATES	TIMES	REGISTRATION	Member Rate/Non-Member Rate	LOCATION
Boys & Girls 8-14 years Average-Advanced	Mon, July 17- Thurs, July 20	11:00am -4:00pm	Saturday, July 15, 2017 \$10 late fee applied after registration deadline	\$75/\$90	Central YMCA Community Gym

YOUTH VOLLEYBALL FUNDAMENTAL SKILLS SERIES

AGE DIVISIONS	DATES	TIMES	REGISTRATION	Member Rate/Non-Member Rate	LOCATION
Girls & Boys 9-13 years 14-17 years All Skill Levels	C1: Monday, July 24 Passing C2: Tuesday, July 25 Setting C3: Wednesday, July 26 Hitting/Spiking C4: Thursday, July 27 Serving/Defense	9-13 years 9:00am-11:00am 14-17 years 11:30am-1:30pm	Friday, July 21, 2017 \$10 late fee applied after registration deadline	Per Clinic Day \$15/\$20 Clinic Series \$55/\$75	Central YMCA Community Gym

JR CAVS SUMMER BASKETBALL QUICK LEAGUE

AGE DIVISIONS	DATES	TIMES	REGISTRATION	Member Rate/Non-Member Rate	LOCATION
Boys & Girls 4-15 years 4-6 years 7-9 years 10-12 years 13-15 years	Saturdays, July 15-August 19 Practices July 15 & 22 Games July 29, August 5, 12, 19	Practices/Games 1 Hour 10:00am -5:00pm	Saturday, July 8, 2017 \$10 late fee applied after registration deadline	\$67/\$87 Includes Cavs Package (Cavs Jersey & Game Voucher)	Central YMCA Community Gym

Email D'Nelle Seiple at dseiple2335@yahoo.com with any questions.

DAY CAMP INFORMATION

Ages: 6-13

Camp Hours: Monday-Friday 9:00am-4:00pm

Registration Fee: \$25 per child (One time fee. Includes shirt and supplies)

**Day Camp Fees Weekly: 1st child \$130/\$160 (member/others)
Additional children \$115/\$145**

Extended Hours: 7:00-9:00am and 4:00-6:00pm Fee: \$20

Deadline for sign up is the Friday before the next week of camp

Contact Tara Bishop Aquatic/Youth & Teen Director

At 330-744-8411 Ext. 132, or tbishop@youngstownymca.org

FINANCIAL ASSISTANCE:

Our Day Camp is licensed by the Ohio Department of Job and Family Services (ODJFS) as well as being accredited by the American Camping Associations. As part of this collaboration, if you apply through Mahoning County Department of Job and Family services and list us as a provider, you can receive assistance for your child to attend our camp. Go to jfs.ohio.gov-> "Child Care" tab on top left of screen, click on "Search for Child Care" and do a search for Mahoning County Registered Day Camps. We are listed under Central YMCA. If you have questions about this process, please contact Tara Bishop at 330-744-8411 ext. 132. The YMCA offers financial assistance if you do not qualify for Ohio Department of Job and Family Services. All paper work must be turned in two weeks prior to Day Camp starting. Application can be found online (www.youngstownymca.org) or at the Front Desk.

TRIPS:

Fees vary weekly. Trip days are Thursdays except week 8, which will be a Friday trip.

WEEK/DATES	THEME	TRIP/FEE
Week 1 - June 5-9	Adventure Awaits	Skate Zone/\$15
Week 2 - June 12-16	Sports Extravaganza	Pro Football Hall of Fame/\$20
Week 3 - June 19-23	Aquatic Trek	Cleveland Aquarium/\$10
Week 4 - June 26-30	Around the World	Extreme Air/\$15
Week 5 - July 3-7 *4 Days	Party in the USA	Camp Fitch/\$20
Week 6 - July 10-14	Blast From the Past	Cleveland Museum of Natural History/\$10
Week 7 - July 17-21	Shipwrecked	Pittsburgh Pirates Game/\$15
Week 8 - July 24-28 (Fri. Trip)	Kid Nation	Sandcastle Water Park/\$25
Week 9 - July 31-August 4	Space Invaders	Camelot Lanes/\$5
Week 10 - August 7-11	Imaginarium	Carnegie Science Center/\$10
Week 11 - August 14-18	Amazing Race	Bears Den/\$5

