



### Spring Classic Sprint Triathlon



# YOU'VE GOT ONE IN YOU

## Spring Classic Sprint Triathlon DAVIS FAMILY YMCA

Sunday, May 14, 2017 • 7:30 a.m. first wave

Presented by



This program benefits the YMCA Annual Campaign, which helps provide YMCA membership and program opportunities for children, adults, and families regardless of their inability to pay. Sign up online at [youngstownymca.org](http://youngstownymca.org). No additional fee. Additional Race information, links and wave start times posted at [springclassicsprint.com](http://springclassicsprint.com)

### ENTRY FORM

<b>Make Checks Payable &amp; Mail To:</b>	<b>ENTRY FEE</b>	Until April 30, 2017
Davis Family YMCA	Early Entry Fee:	\$45 Individual/\$81 Team • SVTC Members \$40 Individual
45 McClurg Road	Super Sprint Fee	\$35 (Physically Challenged, 13-15 yrs)
Boardman, OH 44512	Late Entry Fee (All):	After April 30, 2017 (All) \$55 Individual/\$99 Team
330-480-5656	Registration deadline:	May 12 <sup>th</sup> - 5:00 p.m.

Name \_\_\_\_\_ DOB \_\_\_/\_\_\_/\_\_\_ Age on race day \_\_\_\_\_

Tri Club Name (if applicable) \_\_\_\_\_ Phone \_\_\_\_\_

Address \_\_\_\_\_ City \_\_\_\_\_ St. \_\_\_\_\_ Zip \_\_\_\_\_

E-mail \_\_\_\_\_ USAT ID# (13-15 only) \_\_\_\_\_ Shirt Size: S M L XL

500 Yard Swim Time \_\_\_ Min. \_\_\_ Sec. (Required. Be realistic.)

New division for physically challenged and 13-15 yr olds on a modified super sprint course. 13-15 age group participants MUST be a USAT registered member.

Age groups are in 5-year increments from 25-59, except for 13-15, 16-24 and 60+.

#### Team Information

\_\_\_\_\_ Team Name

Male Female Mixed I'm a Swimmer Cyclist Runner

Submit all team registrations and payment in same envelope.

Special thanks to Boardman, Beaver, and Springfield Township Police, Mahoning County Sheriff's Dept., and Ohio Highway Patrol for cooperatively providing traffic control for runners and cyclists.

## EVENT DETAILS

### SUNDAY – May 14, 2017

**Mandatory Pre-Race Meeting:** 7:00 a.m.

**Start Time:** 7:30 a.m. First swim start. Transition area closes at 7:00 a.m.

**Location:** Davis Family YMCA – 45 McClurg Road, Boardman, OH 44512 on the Mercy Health Partners campus.

**Phone:** (330) 480-5656

**Race application deadline is 5:00 p.m. May 12, 2017, at the Y.**

#### Course Information: Sprint Triathlon

- 500-yard swim in 25 yard pool. (10 laps)
- 14-mile bike starts and ends at the YMCA. Features a scenic, smooth, challenging route open to vehicular traffic
- 5K run through neighborhood streets

#### More:

- Shirts guaranteed to those registered by May 5.
- Swim held in both indoor and outdoor heated pools. Swim to bike transition distance virtually identical. Max water depth 5'.
- All participants seeded into swim waves based on their estimated 500 yard swim time. Wave intervals are determined by your submitted time. If you cannot complete the distance in the time allotted, you may be required to vacate the lane making you ineligible for age group awards. Wave starts posted Friday, May 12<sup>th</sup> after 8:00 p.m.
- Course maps, videos and race applications available online at **springclassicsprint.com**. Race applications also available at the YMCA (Downtown and Boardman) and Second Sole.
- Each segment and transition timed by Miles of Smiles timing service.
- Questions? Email **tri@youngstownymca.org**.

#### Super Sprint Course (13-15 yr olds, physically challenged)

- 400 yd. swim
- 6.3 mile bike
- 2.3 run

WAIVER: I know that participating in a triathlon is a potentially hazardous activity. I should not enter unless I am medically able and properly trained. I agree to abide by any decision of a race official relative to safely completing the race. I assume all risks associated in swimming, biking and running in this event including, but not limited to, falls, contact with other participants, the effects of the weather, traffic, and the conditions of the road, all such risks being known and appreciated by me. Having read this waiver and knowing these facts and in consideration of you accepting my entry, I, for myself and anyone entitled to act on my behalf, waive and release the Youngstown YMCA, all law enforcement agencies, all sponsors, their representatives and successors from all claims or liabilities of any kind arising out of my participating in this event. No refunds or transfers for any reason. No Rain Date. Race will be held rain, snow or shine.

SIGNATURE \_\_\_\_\_ PARENT'S SIGNATURE (If under age 18) \_\_\_\_\_

AMOUNT ENCLOSED \$ \_\_\_\_\_

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