



**FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY**

LEARN TO SAVE A LIFE



YMCA Lifeguard Training & Certification

DATES: March 20–April 12
M/W/F 6:00–9:30 pm

April 24–May 6
Mon–Thu 6:00–9:30 pm &
Sat 12:00–5:00 pm

FEE: \$200 (\$225 if registering within 10 days of course start date)

Entry Requirements: Must be 16 years or older and pass a physical competency test consisting of swimming 300 yards, treading water for 2 minutes using legs only, feet first surface dive to 10 feet, underwater swim for 15 feet, and ability to follow verbal instructions from the instructor. This test will be administered on first day. Must attend all classes.

Register in person or online at YoungstownYMCA.org

Davis Family YMCA • 45 McClurg Rd • Boardman, OH 44512 • 330-480-5656
Central YMCA • 17 North Champion St. • Youngstown, OH 44503 • 330-744-8411