



**FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY**

IN IT FOR THE LONG RUN



FasKidz 2017

Kidz will learn form, training methods, nutrition, physiology, etiquette, racing strategy and more. Led by veteran runners with over a century of running and racing experience. Volunteers welcome! Training culminates with the Memorial Mile on Memorial Day. Fee covers race shirt and race entry.

Mondays and Thursdays beginning April 17 through May 29, 2017
Ages 8-12 • 4:45 - 5:45 pm • \$20 Members/\$40 Non Members
Program support provided by Atty. Michael and Celeste Maillis

Location: First week at Hike Bike trail in Mill Creek Park.

Park at the gravel cut through lot across from the golf course on West Golf Course Drive.

Other meeting locations include: Metroparks bike trail in Canfield • Wick Recreation Area
BHS cross country course • BHS track. Schedule provided first week of training.

MAIL-IN REGISTRATION FORM

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or register online at youngstownymca.org -type keyword "KIDZ" in the program line and click "search"

Child's Name _____ DOB ___/___/___ Grade _____ Parent's Name _____

Phone Home _____ Cell _____ Parent's Email _____

Address _____ City _____ St _____ Zip _____

Emergency Contact (if different than parent) Phone _____

Shirt Size Youth SM M L Adult SM M L Gender M F

Check payable to: Davis Family YMCA

Send to: Davis Family YMCA • 45 McClurg Rd • Boardman, OH 44512 • Attn: Tom Grantonic

DAVIS FAMILY YMCA • 330-480-5656 • youngstownymca.org