

CENTRAL SHALLOW & DEEP POOLS

Time	Monday		Tuesday		Wednesday		Thursday		Friday		Saturday		Sunday		Time
	SP	DP	SP	DP	SP	DP	SP	DP	SP	DP	SP	DP	SP	DP	
5:15-5:30	LAP SWIM ONLY	LAP SWIM ONLY	LAP SWIM ONLY	LAP SWIM ONLY	LAP SWIM ONLY	LAP SWIM ONLY	LAP SWIM ONLY	LAP SWIM ONLY	LAP SWIM ONLY	LAP SWIM ONLY	LAP SWIM ONLY	LAP SWIM ONLY	LAP SWIM ONLY	LAP SWIM ONLY	5:15-5:30
5:30-6:00															5:30-6:00
6:00-6:30															6:00-6:30
6:30-7:00	AQUA ROBICS	H2O RUN/ OPEN SWIM	LAP SWIM ONLY	LAP SWIM ONLY	AQUA ROBICS	H2O RUN/ OPEN SWIM	LAP SWIM ONLY	LAP SWIM ONLY	AQUA ROBICS	H2O RUN/ OPEN SWIM	LAP SWIM ONLY	LAP SWIM ONLY	LAP SWIM ONLY	LAP SWIM ONLY	6:30-7:00
7:00-7:30	7:00-7:30														
7:30-8:00	7:30-8:00														
8:00-8:30	OPEN SWIM	OPEN SWIM	WATER ZUMBA	OPEN SWIM	OPEN SWIM	H2O RUN/ OPEN SWIM	LAP SWIM ONLY	LAP SWIM ONLY	OPEN SWIM	H2O RUN/ OPEN SWIM	LAP SWIM ONLY	LAP SWIM ONLY	LAP SWIM ONLY	LAP SWIM ONLY	8:00-8:30
8:30-9:00	8:30-9:00														
9:00-9:30	9:00-9:30														
9:30-10:00	RES. FOR GROUPS	OPEN SWIM	TWINGES in HINGES	OPEN SWIM	MS CLASS	OPEN SWIM	LAP SWIM ONLY	LAP SWIM ONLY	TWINGES in HINGES	OPEN SWIM	LAP SWIM ONLY	LAP SWIM ONLY	LAP SWIM ONLY	LAP SWIM ONLY	9:30-10:00
10:00-10:30			10:00-10:30												
10:30-11:00			10:30-11:00												
11:00-11:30	RES. FOR GROUPS	OPEN SWIM	RES. FOR GROUPS	OPEN SWIM	RES. FOR GROUPS	OPEN SWIM	LAP SWIM ONLY	LAP SWIM ONLY	RES. FOR GROUPS	OPEN SWIM	LAP SWIM ONLY	LAP SWIM ONLY	LAP SWIM ONLY	LAP SWIM ONLY	11:00-11:30
11:30-12:00			11:30-12:00												
12:00-12:30			12:00-12:30												
12:30-1:00	H2O EXERCISE	LAP SWIM ONLY	AQUA ROBICS	LAP SWIM ONLY	H2O EXERCISE	LAP SWIM ONLY	LAP SWIM ONLY	LAP SWIM ONLY	AQUA ROBICS	LAP SWIM ONLY	LAP SWIM ONLY	LAP SWIM ONLY	LAP SWIM ONLY	LAP SWIM ONLY	12:30-1:00
1:00-1:30	RES. FOR GROUPS	OPEN SWIM	OPEN SWIM	LAP SWIM ONLY	RES. FOR GROUPS	OPEN SWIM	LAP SWIM ONLY	LAP SWIM ONLY	RES. FOR GROUPS	OPEN SWIM	LAP SWIM ONLY	LAP SWIM ONLY	LAP SWIM ONLY	LAP SWIM ONLY	1:00-1:30
1:30-2:00															1:30-2:00
2:00-2:30															2:00-2:30
2:30-3:00	RES. FOR GROUPS	OPEN SWIM	OPEN SWIM	LAP SWIM ONLY	RES. FOR GROUPS	OPEN SWIM	LAP SWIM ONLY	LAP SWIM ONLY	RES. FOR GROUPS	OPEN SWIM	LAP SWIM ONLY	LAP SWIM ONLY	LAP SWIM ONLY	LAP SWIM ONLY	2:30-3:00
3:00-3:30															3:00-3:30
3:30-4:00															3:30-4:00
4:00-4:30	OPEN SWIM	SPRING SWIM	LAP SWIM ONLY	LAP SWIM ONLY	OPEN SWIM	SPRING SWIM	LAP SWIM ONLY	LAP SWIM ONLY	OPEN SWIM	SPRING SWIM	LAP SWIM ONLY	LAP SWIM ONLY	LAP SWIM ONLY	LAP SWIM ONLY	4:00-4:30
4:30-5:00	4:30-5:00														
5:00-5:30	5:00-5:30														
5:30-6:00	AQUA ROBICS	LAP SWIM ONLY	SWIM LESSONS/ LAP SWIM	LAP SWIM ONLY	AQUA ROBICS	LAP SWIM ONLY	LAP SWIM ONLY	LAP SWIM ONLY	AQUA ROBICS	LAP SWIM ONLY	LAP SWIM ONLY	LAP SWIM ONLY	LAP SWIM ONLY	LAP SWIM ONLY	5:30-6:00
6:00-6:30	6:00-6:30														
6:30-7:00	6:30-7:00														
7:00-7:30	OPEN SWIM	SPRING SWIM	OPEN SWIM	LAP SWIM ONLY	OPEN SWIM	SPRING SWIM	LAP SWIM ONLY	LAP SWIM ONLY	OPEN SWIM	SPRING SWIM	LAP SWIM ONLY	LAP SWIM ONLY	LAP SWIM ONLY	LAP SWIM ONLY	7:00-7:30
7:30-8:00															7:30-8:00
8:00-8:30															8:00-8:30
8:30-9:00															8:30-9:00