



Captain's Clips

The only publication written for
Community Cup Captains

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Please find attached the schedules, line-ups and court assignments for the Basketball, Swimming heat sheets and 100yd relay registration form; Golf starting holes; and Bowling lane assignments. Please return the 100yd relay form by mail or fax or give it to your swim Captain to bring to the registration table on August 26. Please keep in mind that these schedules are subject to change by the day of the actual event.

The official waiver roster for your team will once again be emailed to you. After the Opening weekend for the Cup, we received several changes and additions. This updated roster that will be sent is based on the waivers that you have already turned into the Cup office. Please make sure it's accurate and call us by **Thursday, August 25** with any discrepancies. Remember, if someone is not on this list, we do not have a record of their 2016 waiver and they are not eligible to participate or volunteer for any Cup events.

Deadlines

Very important: The deadline for time predictions was **Wednesday, August 10**. Please, get those into the Cup office ASAP if you have not done so yet. Waivers, Event Rosters, Tent Requests and Volunteer Rosters were due on **Friday, August 1**. In order to volunteer for your team and/or participate a waiver must be filled out and on file in the Cup office.

Youngstown Meltdown

The last and final week of weigh-ins was the week of August 15. A special thank you to all of the Meltdown participants and Captains who sweated thru the past 16 weeks. Great job everyone! All of the final results and standings along with the Biggest Losers of the entire event, will be made available on Saturday, September 10th at the Awards Ceremony following the tug-o-war. If there are any teams who would like to get their teams' individual final numbers, please let the Cup office know and once the final standings have been announced, we will get those sent out to you.

Tug Clinics

Don't forget to encourage your teams to attend the tug clinics this Thursday evening, August 25, at 6:00 pm at Bears Den Meadows in Mill Creek Park. Al Leonhart our resident "Tug Meister," will cover proper tugging techniques and lead participants in a few practice tugs. Due to the missed practice last week, there will be an additional tug clinic on Thursday, September 1st.

Divisions

Here's a recap of the division breakdown for 2016. The placement was determined by previous performance and rules stated in the Rules Booklet.

Red Division

- Children Services Board (CSB)
- Cohen & Company
- Farmers National Bank
- Mahoning County Educational Service Center (MCESC)
- Mercy Health
- ms consultants
- YMCA Central
- YMCA Davis

White Division

- Alta Care Group
- City of Youngstown
- Homes for Kids
- Involta
- Mahoning County Juvenile Justice Center (JJC)
- Meridian HealthCare
- Zidian Group

Blue Division (*denotes partial and single event teams)

America Makes/NCDMM*
CMI Industry Americas
Mahoning Co. Board of Developmental Disabilities (MCBDD)
Public Library
Rich Center for Autism
Simon Roofing
Turning Technologies
VEC, Inc.
Youth Intensive Services (YIS)

Aflac*
Center for Women*
PNC Bank *
Select Specialty Hospital*
Youngstown Metropolitan Housing Authority (YMHA) *

Swimming

The swimming events will begin after Basketball at 7:30 pm. They will be held in the [Deep Pool](#) at the Central YMCA.

Bowling

Everyone will bowl at 4 pm this year. If any companies have single event teams, please inform them which designated single event team they belong to. (A, B, C, D, etc.) The bowling event takes place at [Camelot Lanes](#) in Boardman.

Golf

All golf teams will be playing 9 holes of golf and will start at 8am for all divisions. Please see the attached Golf Tee Time schedule for your team's starting hole. If you have single event teams, please inform them which designated single event team they belong to. (A, B, C, D, etc.) The Golf scramble will take place at [Mill Creek Golf Course](#) on Rt. 224 in Boardman.

Basketball

The Basketball Hot Shot event will take place at 6:00pm and will be in the [Upper Gym](#) of the Central YMCA. Be sure your teams are ready at the start of the Basketball event, even if they are scheduled further down the line-up. It's hard to predict exactly how long it will be before they begin their competition.

Volleyball

Just a reminder that the Volleyball tournament will take place beginning at 9am and will be held in the [Community and Upper Gyms](#) of the Central YMCA. The start times for each division are as follows:

Red Division	9:00 am
White Division	12:00 am
Blue Division	2:30 pm

September 10 Fun

On September 10 there will be fun for all ages. Check your next Captain's Clips for all of the exciting details. There will be a Bounce Around slide, a children's obstacle course, several mascots from participating teams and area vehicles from the Youngstown Police and Fire Departments.

Final Note

There is still time for participants to take advantage of the YMCA's Community Cup membership. Although the Youngstown Meltdown has finished, the YMCA memberships are still valid thru Saturday, September 10th. I have attached a letter from the YMCA's Membership Director with a great offer for Community Cup participants to continue their membership after September 10th. Make sure to take a look at it!

The heat sheets for the September events will be available the second week of September. Call or e-mail us if you have any questions: (330) 742-4794; cup@youngstownymca.org.

KEEP CALM EXERCISE ON



**Youngstown Area
Community Cup**