



WHAT WE'RE THANKFUL 4 MILER and 3K Walk



Thanksgiving Morning, November 24, 2016

Kid's Race 10 & under 8:30 am - FREE! • 9:00 am 4 Mile Race, 3K Walk

ENTRY FEE: Race - \$18 through November 18 • \$20 thereafter

Walk - \$15 through November 18 • \$17 thereafter

Register online at secondsoleohio.com

LIVESTRONG
AT THE YMCA



LIVESTRONG

Race to start and finish at

DAVIS FAMILY YMCA

45 McClurg Rd • Boardman, OH 44512



FEEDING AMERICA
A Member of

PACKET PICK UP

Second Sole • 755 Boardman-Canfield Rd • Boardman, OH 44512

Wednesday of race week between 11:00 am and 6:00 pm.

Day of race registration and packet pick up at the Davis Family YMCA 7:00-8:45 am

Proceeds benefit the LIVESTRONG® at the YMCA Program & Second Harvest Food Bank

COURSE: A little bit of everything on quiet, traffic controlled neighborhood streets.

AWARDS: 4 mile race only. Top 3 overall male and female. Top 3 in each age group: male & female 15 & under, 16-19, 20-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70+. Overall Masters 40+ and Grandmasters 50+.

Questions? 330-758-8708 or help@secondsoleohio.com. Checks payable to and mailed to Second Sole Racing.

Name _____ Age on race day _____ Sex : M F

Address _____ City _____ St _____ Zip _____

Email _____ Phone _____

3K Walk 4 Mile Run Signature _____ Date _____

I know that running a road race is a potentially hazardous activity, which could cause injury or death. I should not enter and run unless I am medically able and properly trained. By my signature, I certify that I am medically able to perform this event in good health and am properly trained. I agree to abide by any decision of a race official relative to any aspect of my participation in this event, including the right of any official to deny or suspend my participation for any reason. I assume all risks associated with running or walking in this event including, but not limited to: falls, contact with other participants, the effects of the weather including heat, humidity, rain, snow, ice and slick surfaces, traffic and the conditions of the road. All such risks being known and appreciated by me. I understand that bicycles, skateboards, roller skates or blades, animals, and headsets of any type are not allowed in this race and I will abide by this guideline. Having read this waiver and knowing these facts and in consideration of your accepting my entry, I for myself and anyone entitled to act on my behalf, waive and release Second Sole, Second Sole Racing and it's counterparts, the YMCA of Youngstown and it's board of trustees and it's staff, volunteers and successors, all sponsors of the event, and the City of Boardman, from all claims or liabilities of any kind arising out of my participation in this event, even though that liability may arise out of negligence or carelessness on the part of the persons named in this waiver. I grant permission to all of the afore mentioned parties to use my photograph, video recording, audio recordings or any other record of this event for any legitimate purpose. I accept that race organizers nor sponsors are responsible for any items left on the premises.

Parent or Guardian must sign for participants under 18 years of age.