



**27 YEARS COMMITTED
TO COMMUNITY
HEALTH AND WELLNESS**

KEEP CALM EXERCISE ON

2016 Youngtown Meltdown Official Weigh-In Locations



**Youngstown Area
Community Cup**

YMCA of Youngstown

Community Cup Office - 17 North Champion Street, Youngstown, OH 44501

Contacts: Jennifer Quinlan or Julie Walker

330-742-4794, cup@youngstownymca.org

Designated Weigh-In Times:

Monday	9:30 am to 1:30 pm
Tuesday	8:30 am to 3:00 pm
Wednesday	8:30 am to 6:00 pm
Thursday	8:30 am to 6:00 pm
Friday	8:30 am to 3:00 pm
Saturday	9:30 am to 1:00 pm
Sunday	CLOSED

Notes: Your first and last weigh-in **MUST** take place at this location.

D.D. & Velma Davis Branch YMCA

45 McClurg Road, Boardman, OH 44512

Contact: Larry Jensen, Fitness Director

330-480-5656 x 219

Designated Weigh-In Times:

Mon. – Fri.	5:00 am to 9:30 pm
Saturday	7:00 am to 12:00 pm

Notes: You are only permitted to weigh-in at this facility. The temporary membership is only valid at the Youngstown YMCA location.

St. Joes at the Eastwood Mall

Located next to Sears

Contact: Shirley Lisk

330-652-7542 option 1

Designated Weigh-In Times:

Mon., Wed., Fri.	8:00 am to 5:15 pm
Tue., Thurs.	8:00 am to 4:15 pm

Trumbull County WIC Program

258 East Market St. Suite 201, Warren, OH 44481

Contact: Kim Beckly

330-394-0990 or 330-394-1371

Designated Weigh-In Times:

Monday, Tuesday, Wednesday (2nd, 3rd & 4th of each month)
8:30 am to 4:30 pm (By appointment only Noon –1:00 pm)

Thursday
10:00 am to 6:00 pm (By appointment only 1:30 pm-2:30 pm)

Friday (1st of the month)
7:30am to 3:30pm (By appointment only Noon-1:00 pm)

Friday (3rd of the month)
8:30 am to 4:30 pm (By appointment only Noon –1:00 pm)

Saint Elizabeth Emergency & Diagnostic Center (next to Home Depot)

6252 Mahoning Ave., Austintown, OH 44515

Contact: Jan Divelbiss

330-792-7418

Designated Weigh-In Times:

Open 24 hours – Please NO Sunday weigh-ins or Saturday after 12:00 pm.

SEHC Surgical Weight Loss Center

452 Broadway Street, Youngstown, OH 44501

Contact: Mary Ford

330-480-2866

Designated Weigh-In Times:

Mon., Tues., Fri. 9:00 am to 2:00 pm

Notes: If possible, please call ahead before going to weigh-in.

Located in the suite closest to the street (ring bell to gain entrance)

Meridian HealthCare

527 North Meridian Road, Youngstown, OH 44509

Contacts: Renee Yacovone and Carol Flores

330-259-8609 and 330-318-3859

Designated Weigh-In Times:

Mon. – Fri. 8:00 am to 4:00 pm