



CUP CHATTER

The Official Newsletter Of The Youngstown Area Community Cup

2008 Community Cup

Welcome to the 2008 Youngstown Area Community Cup Newsletter. The 18th annual Community Cup promises to be another fantastic opportunity for athleticism, camaraderie and community spirit. Most of all, it's a lot of fun!

The 2008 theme, "Dream It, Achieve It, Live It!" will be celebrated during these exciting events.

Getting Involved

Participant booklets will be available to be distributed to teams that have confirmed their participation in late June and/or early July. If you have not received your copy, please check with your team captain or contact the Cup office at 330-744-8411, ext. 143/102. The participant booklets are also available at the YMCA's website, www.youngstownymca.org.

Participants can get ready for all of the events with a temporary membership at the Central Branch YMCA. The Community Cup membership is not valid at the D.D. & Velma Davis Family YMCA. Just stop in at the Central Branch membership office and let the staff member know which company you represent. You'll need to show your temporary card at the front desk each time you visit. Check your booklet for details on all the great programs and practice times at the Central Branch.

Event Changes

The following changes have been made to the program for this year: (Again, check your participant booklet for complete details).

We mentioned at our Kick-Off Breakfast that the deep pool is going to be under construction and revamping therefore, all practices for the swimming events starting July 26th will be in the shallow pool and the preliminary swimming events that are held on Friday, August 22nd will be in the shallow pool as well.

Clinics

Don't miss out on the chance to get ahead of the competition by attending the clinics. The course and skill reviews will help you improve your techniques and learn about course changes, with tips from veteran clinic leaders. As seasoned tuggers know, it takes more than just showing up and pulling a rope to win this event. And those volleyball rules from your family reunion won't hold up in the Cup.

Here's a rundown of the dates and times: (See the participant booklet for more info)

Walk/10K – TH, July 10, 6:00 p.m. & SA, July 12, 8:00 a.m.

Bike – TH, July 10, 7:00 p.m. & SA, July 12, 9:00 a.m.

Swimming – call Julie in the Cup office to arrange for a team or individual lesson.

Tug-O-War – TH's, Aug. 7-28, 6:00 p.m.

Volleyball – SA, Aug. 9, 9:00 a.m

Sponsors

The Cup couldn't exist without the support of these area businesses who provide the necessary funds to support the program. The YMCA would like to thank the following organizations for their support.

Major Sponsors



Event Sponsors



Corporate Sponsors

Boardman Steel, Inc., Farmer's National Bank, General Motors Complex, Home Savings & Loan, Liberty Steel Products Inc., Manchester, Bennett, Powers & Ullman Co., Van Fossan & Associates, Wendell August Forge, and Youngstown Thermal.

Major Sponsors



Participants of the obstacle course will be able to take a practice run through the obstacle course between 9am and 12pm on Saturday, September 6 at the tug field.

The event schedule is as follows: preliminary events will be August 22 thru 24, 2008. Cup weekend events will be held Saturday, September 6 with the Awards ceremony following the final tug.

Tug Rope Rental

For all Community Cup participants, there is a \$100 refundable deposit that is required to borrow the tug rope. (ie. bring a check for \$100 to borrow the rope and when you return the rope, we will return your check) For non-Cup teams there is an additional \$50 non-refundable fee required to use the tug rope.

Volunteering for the Cup

The coordination of Community Cup events requires the assistance of committed volunteers who take responsibility for a variety of tasks. Aside from helping to make the Community Cup a success, you can also earn points for your team as a volunteer. It's a great way to contribute to your team without competing in an event.

Volunteers are needed for walk, 10K, bike, obstacle course, tug and swimming events. Volunteer check-in is available one hour prior to the event. You will receive points for your team by registering at least 1/2 hour prior to the event. However, many assignments require you to check-in as early as possible. See your team captain for details.

Contact Us

If you need assistance as you're preparing for the Community Cup, feel free to contact us: Jennifer Quinlan and Julie Walker, (330)744-8411, ext. 143/102 or cup@youngstownymca.org. Now let's "Dream It, Achieve It, Live It!"

Biggest Loser Competition Update

Our 2008 Biggest Loser Competition, is off to a great start! Currently, we are in the sixth week of the event. We have a total of 20 teams that are participating. Listed below are the standings, as of week 4, for all of the teams. Way to go all of you "losers"!

TEAM	LBS. LOST
<i>Anthem</i>	-36.0
<i>City of Yo. Team A</i>	-5.0
<i>City of Yo. Team B</i>	-5.6
<i>Cohen & Co. Team A</i>	-45.0
<i>Cohen & Co. Team B</i>	-22.4
<i>Home Savings A</i>	-16.4
<i>Home Savings B</i>	-20.2
<i>Home Savings C</i>	-12.4
<i>Huntington</i>	-19.0
<i>Public Library Team A</i>	-12.2
<i>Public Library Team B</i>	-2.0
<i>ms consultatnts</i>	-21.0
<i>National City</i>	-14.6
<i>Team MC Team A</i>	-26.2
<i>Team MC Team B</i>	-8.6
<i>Turning Technologies</i>	-21.6
<i>United Way</i>	-12.4
<i>Yo. City Schools</i>	-17.0
<i>YMCA - Central</i>	-16.0
<i>YMCA - Davis</i>	-13.4